

# How You Can Help Decrease Autism

Consider these three things that you can do now to help.

## Everyone Can Do Something

The work to highlight the connection between acetaminophen and autism isn't done alone. You can help!

There are three tangible ways that you can be an active participant in changing the lives of millions of people; learn, share, and do.

## Key metrics



**1 IN 36**  
children with autism



**9 IN 10**  
children could be helped

According to the CDC in 2023, there are now 1 in 36 children with autism. By changing the way we treat the administration of acetaminophen to babies and children, it's plausible that more than 9 out of 10 children could live without autism.

You can make a huge impact!

## LEARN



There are more than 20 lines of evidence leading scientists to conclude without a reasonable doubt that acetaminophen causes autism in susceptible babies and children. You can learn, share, and advocate for others to know.

Review the evidence here: [The safety of pediatric use of paracetamol](#)

## SHARE



Amplifying the information you learn about the connection between acetaminophen and autism is a key way to get the word out about how we can decrease the prevalence of autism. You can email your contacts, talk to your friends and family, or share on social media.

We have created a variety of digital content for exactly this shareable purpose. You can [find digital content on our website](#) or by sharing our content on the social media of your choice.



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## DO



### Make a Plan, Before Your Child Needs Help

1

This may seem simple, but those critical moments where you or a loved one must see a child suffer, are the times when we react out of emotion, not based on our knowledge or convictions. Making an action plan for what you will do to mitigate pain and fevers will be a critical tool in your arsenal.

We can't give medical advice, but you can peruse [additional resources for other suggestions and options](#).

2

### Contact Your Local Representatives

You can make a difference. Contact your local government representatives, tell them about the connection between autism and acetaminophen and ask for a formal review.

3

### Stay Connected to Learn More

More lines of evidence are being learned and more outreach is being done, regularly. Stay connected to the community by signing up for the WPLab email list at [wplaboratory.org](#).



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